



# Surviving Hostile Regions Refresher / Advanced Course

AKE is a leading international security risk mitigation company providing a variety of fully integrated services. AKE distinguishes itself from other security services companies by taking a proactive, intelligence-led approach to assessing, monitoring, training for and protecting against risk. We assist clients in reducing their exposure to danger across a broad spectrum of risks.

It's important to keep the skills and knowledge you learned in Surviving Hostile Regions fresh, because you never know when you're going to need them. AKE's Surviving Hostile Regions Refresher/Advanced course will bring your knowledge back up to date, and give you new and additional medical, field and navigational skills. The course is comprehensive and interactive, and includes practice and planning sessions, and an overnight training exercise where you'll learn field living in comfort.

The Refresher is complemented by pre-course medical notes with self-assessment questions, Post-Traumatic Stress Disorder Notes and Cultural and Medical Considerations for Women.

The course taught is in four complementary components: Awareness, Medical, Practical self-sufficiency, and Planning; and delivered in a blend of lectures and practical scenarios, supported by video footage and demonstration materials.

## Awareness

This section rejuvenates all subjects learned on Surviving Hostile Regions, and also includes:

- Dealing with roadblocks
- Managing confrontation
- Cultural considerations and impact

## Medical

This refreshes and builds on what you learned in Surviving Hostile Regions, and includes additional outdoor practice.

- Managing a road traffic accident
- Treating and extracting a casualty over rough terrain



## Practical Self-Sufficiency

This section reprises what you learned about staying at maximum operating capacity through the application of self-sufficiency techniques, and also teaches:

- The use of GPS navigation equipment
- Maintenance of effectiveness under stress
- How to select the right equipment and clothing, and stay comfortable in the field

## Planning

The importance of thinking through your task and planning properly can never be over-emphasised - in this segment you'll learn:

- Vehicle selection and safe use
- Vehicle recovery techniques
- How to select and operate from a safe house

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A BTEC and HSE-approved training centre



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## Testimonials

" The AKE Surviving Hostile Regions course is short on theatrics and Boys' Own tales of derring-do, and long on the theory and practice of how to stay out of trouble, and what to do when it all goes horribly wrong. The course's value lies in the way it heightens your awareness of hazards and risks, while combining that with emergency medical procedures and logistical ideas about what to do if you get stuck. I did a short AKE course in February 1994 and then another in June 2001. In the years in between, I've spent time in Chechnya, Bosnia, Albania, Kosovo, Northern Ireland and the Middle East. The latest course taught me lots of things I never knew and reminded me of plenty I've forgotten. If there's a better course for journalists then please tell me."

- **Chris Clark, Middle East Correspondent,  
ABC Australia**

" This course...is an essential requirement for the international field journalist."

- **Ron McCullagh, Managing Director,  
Insight News Television Ltd**

" They're the industry leaders in training and protecting those of our staff working in harm's way. Even those of us who think we have nothing to learn have been humbled at the hands of AKE."

- **Chris Cramer, Managing Director, CNN International**

## AKE Services

- Intelligence and political risk consultancy
- Security solutions
- Training
- Medical services
- Emergency planning and crisis management
- Insurance services

## Contact us

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